

Salinas Police Department

Monthly SWAT Range

Lesson Plan

Lesson Plan: Pritt
Subjects: SWAT Range Training: Shooting on the move and distant shooting
Date of Training: 04/05/2023

Description:

On 4/5/23 the SWAT team will travel to the Salinas Valley State Prison Range for monthly range training. The training will commence by having each SWAT team member complete the standards course in both their handgun and long gun. The remainder of the day will focus on shooting on the move utilizing their handgun and long gun through various scenarios.

Materials

Needed:

1. All call out gear
2. Duty weapons and tactical weapons
3. .45 cal, .223, 9mm and frangible ammunition
4. Flashlights handheld and weapon mounted
5. Targets
6. Target backers
7. Target stands
8. Staples and stapler
9. Eye and ear protection
10. First Aid kit
11. Cellular telephone
12. One steel target, dueling tree, mini Texas star
13. Tape
14. Traffic cones

Safety Plan:

Everybody is responsible for safety. If any member of the team feels that there may be a potential safety hazard during a training exercise, that person is to stop the exercise and point out the problem. There will be several cellular phones for communication. If necessary, anybody can use these to call for an ambulance. If there are any accidents or injuries, no matter how small, a Team leader is to be notified. There is a first aid kit available if needed and its location will be announced prior to any training drills.

SWAT medics will be lead if something is to happen.
The nearest trauma hospital is Natividad Medical Center.

Exit the prison

Head N/B Hwy 101 Towards Salinas

Exit N. Main St

Right onto Bernal Dr.

Left onto Natividad and straight to Natividad Medical Center ER

Course Description:

Handgun Standards Course

Distance	Drill	Rounds	Position	Time
7 Yards	Double Tap	2	Low-ready	1.5sec
7 Yards	2rds, reload, 2rds	4	Low-ready	6.0sec
7 Yards	Stoppage, set up w/empty chamber	2	Low-ready	5.0sec
7 Yards	Drug & body armor 2-body, 1-head	3	Low-ready	2.5sec
7 Yards	Multiple targets 2 rds each target	4	Low-ready	2.5sec
7 Yards	1-hand, strong hand	1	Low-ready	1.5sec
7 Yards	Double tap	2	Holstered	2.0sec
7 Yards	Multiple targets 2 rds each target	4	Holstered	3.0sec

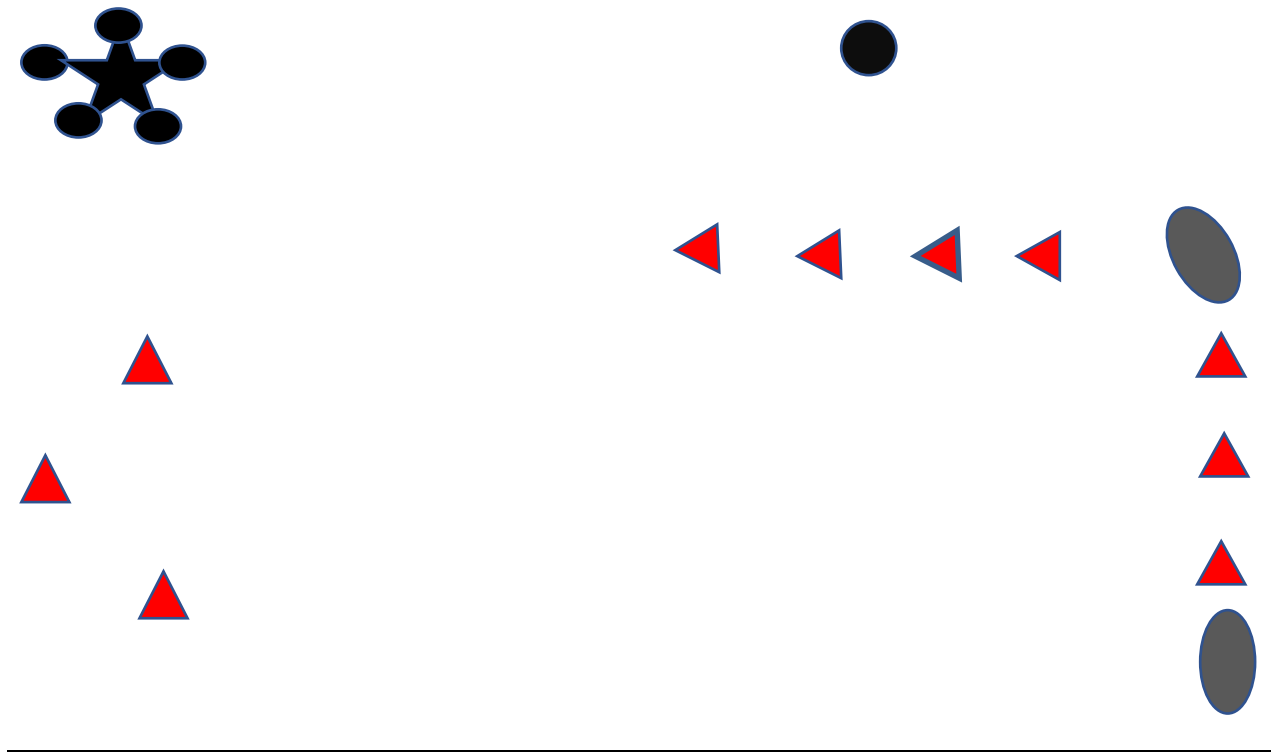
Total rounds.....32

Rifle shoot

Ammo. Needed: 2-30 round mags 1- 15 round mag, all rounds shot from low-ready.

Distance	Rounds	Position	Fire	Reps	Total rnds	Time
5 Yards	3	Standing	Auto	2	6	1.5sec
7 Yards	4	Standing	Auto, 3 rds body, 1 head	2	8	2.0sec
10 Yards	3	Standing	Auto	2	6	1.5sec
15 Yards	2	Standing	Semi-auto	3	6	1.5sec
25 Yards	4	Standing	Semi-auto, 2 rds, reload, 2 rds	1	4	8.0sec
25 Yards	2	Kneeling	Semi-auto	2	4	2.0sec
25 Yards	2	Standing	Semi-auto	3	6	2.0sec
50 Yards	2	Prone	Semi-auto	2	4	3.0sec
50 Yards	2	Kneeling	Semi-auto	3	6	3.0sec

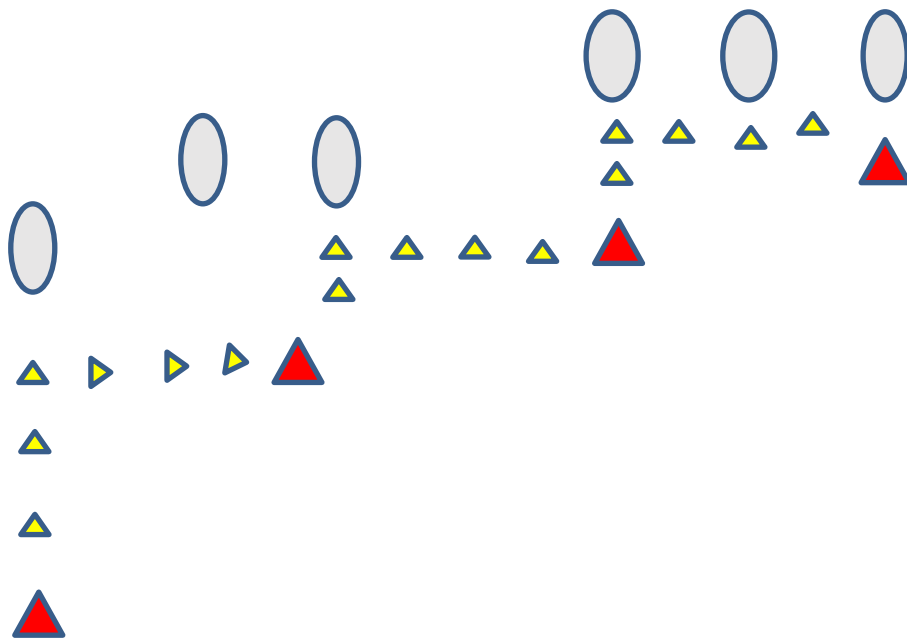
Total rounds fired.....50



Footwork Drills/Shooting on the move

Handgun/Rifle: The first drill will start at 15 yards and end at the 7-yard mark. There will be cones separated by 5 yards each in a zig zag pattern. The Texas star steel target will be located directly in front of the cones. You will only shoot the steel target when you are proceeding forward. If you continually miss the target stop at one of the cones and complete the shoot. Reload as necessary.

The second drill will consist on shooting while moving laterally. You will start next to a cone and start at the 25-yard mark. You will then move forward and stop at the 10-yard mark. While on the move, the shooter will engage multiple targets with two to three rounds. Once you get solid hits on the two targets, you will run to the first cone on your left and continue to engage the target while moving laterally (2-3 rounds).



The third drill will start at 15 yards and end at the 5-yard mark. There will be cones separated by 10 yards each in a staggered pattern. The first drill will be slow shooting 3-5 rounds at paper targets scattered across the cone pattern. Reload as necessary.

Next drill. Speed up movements with less rounds on target.

The focus of this drill is to improve on footwork and establish a nice platform that supports accuracy when you are shooting on the move.

An additional drill will be a lateral drill with rifles in a “rolled position”.

Multiple targets will be set up along the back stop.

The shooter will start and the right or left side at the three-yard line.

Shooter’s will move laterally on the threat command and engage each target with two to three rounds. The shooter will have their rifle in a “high tuck” or “rolled” position. This will be demonstrated prior to the exercise beginning.

After shooters have completed the shoot, we will switch sides. A discussion about the use of “instinctive” shooting and proper applications of this technique.

