

Supplemental Training

Rifle Qual

2nd Quarter 2022

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Scope of Training:

- Quickly address multiple targets at varying distances.
- Reloading from bolt lock.

Key Points:

- Does shooter efficiently “drive” the gun and allow their eyes to lead them to address the threats.
- Does shooter's cadence of fire fall in line with the distance of target.
- Is bolt lock reload done efficiently?
- Is the shooter's gear set up to allow a fast and efficient reload?

Drill: Fast, Faster, Fastest

Load Out: 2 Rifle Magazines

- 1st : 9 Rounds
- 2nd : 9 Rounds

Range Set Up:

- Shooter will start at the 20-yard line at the low ready.
- There will be a total of 3 Targets set up, each with an 8-inch hit zone. 1st target will be set up at the 15-yard line, 2nd target at the 10-yard line, and 3rd target at the end of the lane or at the 0-yard line.
- The 3 targets from the shooter's perspective should be set up essentially shoulder to shoulder with one another. With the 1st target being to the shooter's left, 2nd target to the shooter's right, and 3rd target directly in front appearing to be the center target.

Drill Description:

- Shooter will start with a 9 round magazine loaded and a round in the chamber.
- On the buzzer shooter will fire 3 rounds at the 1st target, 3 rounds at the 2nd target and 3 rounds at the 3rd target.
- Upon the shooter being at bolt lock, shooter will perform an emergency reload, then fire 3 rounds at the 3rd target, 3 rounds at the 2nd target and 3 rounds at the 1st target.

